

OCTOBER: WEEK 1— Serve Up Fire Safety in the Kitchen!™

Overview:

Why cooking safety matters:

- Cooking is the #1 cause of home fires and home fire injuries.
- Unattended cooking is the leading cause of fires in the kitchen.
- Scald burns are the second leading cause of all burn injuries. Hot liquids like coffee and even microwaved soup can cause devastating injuries.

Resources: The following resources are available:

- [Tools from NFPA for Fire Prevention Week™](#)
- Fire Prevention Week™ kick-off talking points
 - <https://www.nfpa.org/Public-Education/Staying-safe/Preparedness/Fire-Prevention-Week/-/media/77E09FAC373543D1BC1F4AB64F433C48.ashx>

Media Tools: Use the following pre-written media releases and social media posts in your efforts to spread the cooking safety message:

- **Customizable press release**
 - <https://www.nfpa.org/Public-Education/Staying-safe/Preparedness/Fire-Prevention-Week/-/media/5F8E82EB5BCA4221924BF37602CFB7FD.ashx>
- **Logos**
 - <https://www.nfpa.org/-/media/Files/FPW/Logo/2020/FPW20EnglishJPGs.ashx>
 - <https://www.nfpa.org/-/media/Files/FPW/Logo/2020/FPW20SpanishJPGs.ashx>
- **Twitter**
 - It's #FirePreventionWeek! Serve Up Fire Safety in the Kitchen! <https://bit.ly/3gVA1Wl>
 - Keep an eye on what you fry! Unattended cooking is the leading cause of cooking fires. #FirePreventionWeek <https://bit.ly/3gVA1Wl>
 - Keep kids safe! Have a 3-foot child-free zone around hot food and drink. #FirePreventionWeek <https://bit.ly/3gVA1Wl>
 - Careful in the kitchen! Cooking is the leading cause of home fires in the US. #FirePreventionWeek <https://bit.ly/3gVA1Wl>
- **Facebook**
 - "Serve Up Fire Safety in the Kitchen!" That's the theme for #FirePreventionWeek, October 4-10, 2020. <https://bit.ly/3gVA1Wl>
 - Unattended cooking is the leading cause of home cooking fires. Stay in the kitchen when frying, grilling, or broiling food. If you must leave, even for a second, turn the stove off. <https://bit.ly/3gVA1Wl>
 - Keep an eye on what you fry! Unattended cooking is the leading cause of cooking fires in Tennessee and the US. <https://bit.ly/3gVA1Wl>
 - Be on alert! If you are sleepy or have consumed alcohol, don't use the stove. Remember: cooking fires are the #1 cause of home fires and home injuries. <https://bit.ly/3gVA1Wl>



Educator Tip: Giveaways are very popular during Fire Prevention Week™. Whether you are hosting an event at your fire station or visiting a school as part of a fire prevention outreach event, you should always have something free to give out to kids, parents, and teachers. NFPA has a number of FPW branded giveaways that can be purchased on their website (link: <https://catalog.nfpa.org/Fire-Prevention-Week-and-Fire-Safety-Education-Materials-C8.aspx?icid=D914>) or you can give out items that are branded with your fire department's emblem. Popular giveaway items include:

- Fire hats
- Coloring books/activity books
- Pens/pencils/crayons
- Stickers
- Magnets
- Badges
- Toy basketballs/softballs/soccer balls/footballs
- Slinkies
- Slap bracelets
- Frisbees
- Yo-yos

NFPA Messaging:

Cooking

Stay Alert

8.1.1 To prevent cooking fires, you must be alert. You will not be alert if you are sleepy, have consumed alcohol, or have taken medicine or drugs that make you drowsy.

Watch What You Heat!

8.2.1 The leading cause of fires in the kitchen is unattended cooking.

8.2.2 Stay in the kitchen when you are frying, boiling, grilling, or broiling food.

8.3.1 Keep anything that can catch fire—oven mitts, wooden utensils, food packaging, towels, and curtains—away from your stovetop.

What to Do If You Have a Cooking Fire

8.4.1.1 Never pour water on a cooking pan grease fire.

8.4.1 Always keep a lid nearby when you are cooking. If a small grease fire starts in a pan, smother the flames by sliding the lid over the pan. Turn off the burner. Do not move the pan. To keep the fire from restarting, leave the lid on until the pan has cooled.